

# Mineral Content

PH LEVEL	SYMBOL	LEVEL
Hydrogen ion	(pH)	7.3 - 7.5

MINERAL	SYMBOL	QUANTITY (mg/L)
Bicarbonate / Alkalinity	(HC03)	189.7
Calcium	(Ca)	86.6
Chloride	(Cl)	26
Fluoride	(F)	0.15
Iron	(Fe)	0.36
Magnesium	(Mg)	35.4
Nitrate	(N03)	4.2
Potassium	(K)	2.51
Sodium	(Na)	22.5
Sulphate	(S04)	43.8
Selenium	(SE)	1.15ug

*reuse, refill, recycle!*

Call **01392 877 172** Email **hello@thirstywork.com**  
**www.thirstywork.com**

Issue date: April 2026. The data here is to be understood as an approximate.